

Terracina Surgical Arts
295 Terracina Blvd Redlands, CA 92373
Phone: (909) 798-9950 Fax: (909) 798-9958

ANIL PUNJABI MD DDS

Name: _____ Address: _____ Today's Date _____

City: _____ State: _____ Zip Code: _____

Hm # _____ Wk # _____ Cell # _____ Email: _____

Which phone number would be best for us to reach you? Hm Wk Cell

Age: _____ Birthdate: _____ Social Security #: _____ Sex: F M Marital Status: S M W
Sep D

Drivers License _____ Occupation: _____ Employer _____

Work Address: _____ City: _____ State: _____ Zip
Code _____

Spouse's name _____ Wk# _____ Cell# _____

Nearest Relative/Friend _____ Phone: _____ Address: _____

Person Financially Responsible: _____ Patient _____ Parent _____
Other: _____

If Parent or Other, please complete the following:

Name: _____ Relationship to patient: _____ Phone
#: _____

Address: _____ Age: _____ Birthdate: _____ Social Security
#: _____

Employer: _____ Employer's Phone

Employer's
Address: _____
Zip Code _____ Street _____ City _____ State _____

INSURANCE INFORMATION:

Primary Insurance: _____ Policy # _____ Group

Secondary Insurance: _____ Policy# _____ Group# _____

Name of Subscriber: _____ Subscriber's DOB: _____

Subscriber's Social Security #: _____ Relationship to
You: _____

REASON FOR CONSULTATION: _____

REFERRED BY: _____

The undersigned hereby consents to care and treatment now and in the future. In the event that my insurance company is billed, I authorize payment of medical benefits to the physician(s) or supplier for rendered services. If my insurance company is not billed or if my insurance company fails to pay for services or does not pay claim in full, I understand that I am responsible for payment of charges for services rendered. I authorize the release of any medical information necessary to process my insurance claim.

Patient's Signature

Parent or Guardian's Signature

Terracina Surgical Arts
ANIL PUNJABI MD DDS

Summary of Notice of Privacy Practices

This notice describes how medical information about you may be used and disclosed and how you can get access to this information. Please review it carefully.

What is this Notice and Why is it Important?

By law, physicians and their nurses and other clinical personnel, are required to protect the privacy of your identifiable medical and other health information (protected health information).

Physicians are also required by law to give you this notice to tell you how we may use and give out ("disclose") your protected health information. We must follow the terms of this notice when using or disclosing your protected health information. We are required to obtain your permission before using or disclosing your protected health information, except as described below.

How May We Use Your Protected Health Information?

Physicians generally are required to obtain your written authorization ("permission") before using your protected health information. This section explains those situations where, under federal law, physicians may use or disclose your protected health information without your permission.

- **Treatment:** We use and disclose your protected health information to health care services to you. This includes uses and disclosures to:
 1. treat your illness or injury, or
 2. contact you to provide appointment reminders, or
 3. give you information about treatment alternative or other health related benefits and services that may interest you.
- **Payment:** We may use and disclose your protected health care information for our health care services that we or others provide to you. This includes uses and disclosures to:
 1. submit and obtain payment from your health insurer, HMO, or other company that pays the cost of some or all of your health care (payor), or
 2. verify that your payor will pay for your health care.
- **Health Care Operations:** We may use and disclose your protected health information for our health care operations, such as internal administration and planning that improve the quality and cost effectiveness of the care that you we provide you. This also includes uses and disclosures to:
 1. evaluate the quality and competence of our nurses and other health care workers,
 2. train staff and administrative personnel, or

3. identify health related services and products that may be beneficial to your health and then contact you about the services and products

We may also disclose your protected health information to third parties to assist us in these activities, but only if they agree in writing to maintain the confidentiality of your health information. We may also disclose your protected health information to your health care providers to enable them to conduct their own quality reviews, compliance activities and other health care operations.

In addition, we may use and disclose your protected health information under the following circumstances:

- **Relatives, Caregivers and Personal Representatives:** Under appropriate circumstances, including emergencies, we may disclose your protected health information to relatives, caregivers or personal representatives who are with you or appear on your behalf (for example, to pick up a prescription). We may also need to notify such persons of your location in and general condition. If you object to such disclosures, please notify Dr. Punjabi or his staff.
- **Branches of Federal and Local Government:** As required by law, we may disclose your protected health information to appropriate government offices including, but not limited to, Department of Public Health, U.S. Food and Drug Administration (FDA), Medicare and Medicaid, law enforcement officials or judicial/administrative proceedings, such as in response to a subpoena.

FOR ANY PURPOSE OTHER THAN THE ONES DESCRIBED ABOVE, WE MAY ONLY USE OR DISCLOSE YOUR PROTECTED HEALTH INFORMATION WHEN YOU GIVE US WRITTEN AUTHORIZATION.

Your Rights Regarding Your Health Information

Right to Request Access to Your Health Information: You may request access to your medical record file and billing records in order to inspect and request copies of the records. All requests for access must be made in writing.

Right to Request Amendments to Your Health Information: You have the right to request that we amend your health information maintained in your medical records file or billing records. All requests for amendments must be in writing. We will comply with your request unless we believe that the information to be amended is already accurate and complete or other special circumstances apply.

Right to Revoke Your Authorization: You may revoke (take back) any written authorization obtained by us for use and disclosure of your protected health information, except to the extent that we have taken action in reliance upon it. Your revocation must be in writing and sent to our office.

Right to An Accounting of Disclosures of Your Health Information: Upon written request, you may obtain an accounting of certain disclosures of health information made by us (other than for treatment, payment or health care operations and for any disclosures made pursuant to your authorization). The period of your request cannot exceed six years and does not apply to disclosures that occurred prior to August 13, 2003. If you request an accounting more than once during a twelve (12) month period, we will charge you a reasonable fee.

Right to Request How Information is Provided to you: You may request, and we will try to accommodate, any reasonable written request for you to receive protected health information by alternative means of communication or at a different address or location.

Right to Request Restrictions on the Use of Your Health Information: You may request that we restrict the use of disclosure of your protected health information. All requests for such restriction must

be made in writing. While we will consider a request for additional restrictions carefully, we are not required to agree to a requested restriction and it is our policy not to agree to such restrictions.

Right to Change Terms of This Notice: We may change the terms of this notice at any time. If we change this notice, we may make the new notice terms effective for all protected health information that we hold, including any information created or received prior to using the new notice. If we change this notice, we will post the revised notice in our practice area. You may also obtain any revised notice by contacting our office.

**ANIL PUNJABI MD DDS
Board Certified
American Board of Plastic Surgery
American Board of Oral & Maxillofacial Surgery**

PLEASE SIGN AND DATE BELOW TO INDICATE THAT YOU HAVE RECEIVED A COPY OF YOUR HIPPA PRIVACY NOTICE. Your signature simply acknowledges that you received a copy of this notice.

Print Name (Last, First, Middle Initial)

Signature

Date

**NOTICE TO CONSUMERS
Medical doctors are licensed and regulated by the
Medical Board of California
(800) 633-2322
www.mbc.ca.gov**

I understand that Dr. Punjabi is licensed and regulated by the Medical Board of California.

Signature

Date

If you have any questions about the above information or any uncertainty regarding your insurance coverage, PLEASE don't hesitate to ask us. We are here to help you.

Signature: _____ Date: _____

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Terracina Surgical Arts

ANIL PUNJABI MD DDS

MEDICAL HISTORY

Name _____ Date of Birth _____ Age _____

Occupation/Job Title _____

Name/Phone Number of Private Physician _____

Name/Phone Number of Dentist _____

Height _____ Present Weight _____

The following information is necessary to help your physician make important decisions regarding your medical care. Please answer the questions thoroughly.

CHIEF COMPLAINT (Explain why you are here to see the doctor) Are you Right Handed Left Handed

HISTORY OF PRESENT ILLNESS/PROBLEM

(Explain how the problem/illness started, has progressed and what your goals are.)

PAST MEDICAL HISTORY Do you have (or have you had): (Explain in the space available)

- | | | |
|--|---|---|
| yes no | yes no | yes no |
| <input type="checkbox"/> <input type="checkbox"/> Diabetes | <input type="checkbox"/> <input type="checkbox"/> Sleep Apnea | <input type="checkbox"/> <input type="checkbox"/> Blood Clotting Problem |
| <input type="checkbox"/> <input type="checkbox"/> Hyperthyroidism | <input type="checkbox"/> <input type="checkbox"/> Asthma | <input type="checkbox"/> <input type="checkbox"/> Deep Venous Thrombosis |
| <input type="checkbox"/> <input type="checkbox"/> Hypothyroidism | <input type="checkbox"/> <input type="checkbox"/> Pneumonia | <input type="checkbox"/> <input type="checkbox"/> Pulmonary Thromboembolism |
| <input type="checkbox"/> <input type="checkbox"/> Hypertension | <input type="checkbox"/> <input type="checkbox"/> Valley Fever | <input type="checkbox"/> <input type="checkbox"/> Mental Illness |
| <input type="checkbox"/> <input type="checkbox"/> Heart Disease | <input type="checkbox"/> <input type="checkbox"/> Tuberculosis | <input type="checkbox"/> <input type="checkbox"/> HIV or AIDS |
| <input type="checkbox"/> <input type="checkbox"/> Vascular Disease | <input type="checkbox"/> <input type="checkbox"/> Emphysema/Bronchitis | <input type="checkbox"/> <input type="checkbox"/> Neurologic Disease |
| <input type="checkbox"/> <input type="checkbox"/> Heart Attack | <input type="checkbox"/> <input type="checkbox"/> Kidney Stones | <input type="checkbox"/> <input type="checkbox"/> Peripheral Neuropathy |
| <input type="checkbox"/> <input type="checkbox"/> Hepatitis/Jaundice | <input type="checkbox"/> <input type="checkbox"/> Urinary Tract Infection | <input type="checkbox"/> <input type="checkbox"/> Myasthenia Gravis |
| <input type="checkbox"/> <input type="checkbox"/> Liver Disease | <input type="checkbox"/> <input type="checkbox"/> Renal Failure | <input type="checkbox"/> <input type="checkbox"/> Amyotrophic Lateral Sclerosis |
| <input type="checkbox"/> <input type="checkbox"/> Stomach Ulcers | <input type="checkbox"/> <input type="checkbox"/> Cancer (type of cancer) _____ | <input type="checkbox"/> <input type="checkbox"/> Multiple Sclerosis |
| <input type="checkbox"/> <input type="checkbox"/> Gastroesophageal Reflux | _____ | <input type="checkbox"/> <input type="checkbox"/> Stroke |
| <input type="checkbox"/> <input type="checkbox"/> Arthritis | | <input type="checkbox"/> <input type="checkbox"/> Rheumatic Heart Disease |
| <input type="checkbox"/> <input type="checkbox"/> Mitral Valve Prolapse | <input type="checkbox"/> <input type="checkbox"/> Heart Murmur | <input type="checkbox"/> <input type="checkbox"/> Seizures |
| <input type="checkbox"/> <input type="checkbox"/> Damaged/Artificial Heart Valve | | <input type="checkbox"/> <input type="checkbox"/> Artificial Hip/Knee joint Replacement |
| <input type="checkbox"/> <input type="checkbox"/> Congenital/Inborn Heart Defect | | |

Other (Not mentioned above) _____

Patient Name _____ **Date** _____

PREVIOUS SURGERIES NONE

(check all that apply; indicate the year of the surgery)

Cosmetic (Please list) _____

- | | |
|--|---|
| <input type="checkbox"/> Ear | <input type="checkbox"/> Gallbladder |
| <input type="checkbox"/> Oral Surgery | <input type="checkbox"/> Appendectomy |
| <input type="checkbox"/> Tonsils | <input type="checkbox"/> Hemorrhoid |
| <input type="checkbox"/> Neck | <input type="checkbox"/> Colon |
| <input type="checkbox"/> Nasal | <input type="checkbox"/> Gastric Bypass |
| <input type="checkbox"/> Sinus | <input type="checkbox"/> Hernia |
| <input type="checkbox"/> Eye (Type of surgery) _____ | <input type="checkbox"/> Stomach |
| <input type="checkbox"/> Eyelid | <input type="checkbox"/> Hysterectomy |
| <input type="checkbox"/> Breast | <input type="checkbox"/> C-Section |
| <input type="checkbox"/> Back | <input type="checkbox"/> Coronary Artery Bypass |
| <input type="checkbox"/> Joints (please list which) | <input type="checkbox"/> Carotid Bypass |
| | <input type="checkbox"/> Peripheral Vascular |

Others (Please list) _____

yes no
 Have you or a family member ever had a problem with anesthesia? Who? _____
What type of problem? _____

PREVIOUS ACCIDENTS/INJURIES (Indicate if work related) _____

HOSPITALIZATIONS/EMERGENCY ROOM VISITS (within the last year) _____

MEDICATIONS NONE BIRTH CONTROL PILLS

List any current or recent medications. **INCLUDE THE DOSAGE.** Use the back of the page if necessary.

Medicine _____ Dosage _____

Do you take any of the following homeopathic products or dietary supplements?

- | | | | |
|---|---|---|--|
| yes no | yes no | yes no | yes no |
| <input type="checkbox"/> <input type="checkbox"/> St. John's Wart | <input type="checkbox"/> <input type="checkbox"/> Garlic | <input type="checkbox"/> <input type="checkbox"/> Echinacea | <input type="checkbox"/> <input type="checkbox"/> Metabolife |
| <input type="checkbox"/> <input type="checkbox"/> Vitamin E | <input type="checkbox"/> <input type="checkbox"/> Melatonin | <input type="checkbox"/> <input type="checkbox"/> Valerian | <input type="checkbox"/> <input type="checkbox"/> Diet Pills _____ |
| <input type="checkbox"/> <input type="checkbox"/> Bilberry | <input type="checkbox"/> <input type="checkbox"/> Ephedra | <input type="checkbox"/> <input type="checkbox"/> Ginkgo biloba | <input type="checkbox"/> <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> <input type="checkbox"/> PC-SPEC | <input type="checkbox"/> <input type="checkbox"/> Licorice root | <input type="checkbox"/> <input type="checkbox"/> Cayenne | _____ |
| <input type="checkbox"/> <input type="checkbox"/> Yohimbe | <input type="checkbox"/> <input type="checkbox"/> Ginger | <input type="checkbox"/> <input type="checkbox"/> Aloe | _____ |

Yes **No** Do you need to take antibiotics prior to any dental or surgical procedure?

Do you understand that any of these products must be discontinued 2 weeks prior to surgery to avoid complications?

Patient Name _____ Date _____

ALLERGIES NONE
LATEX ALLERGIES YES NO

List any medications allergies. INCLUDE WHAT HAPPENS TO YOU when you take this medication.
Medication _____ Side Effects/Allergic Reaction _____

SOCIAL HISTORY

Occupation: _____ How long? _____
Workers Compensation patients: Detail your job duties on the back of this page.

Are you presently single, married, separated, divorced, or widowed? (Circle)

Smoking: _____ packs per day. How many years? _____
 Previously smoked up to _ packs per day; date quit _____ Never Smoked

Alcohol consumption: _____ drinks per (day / week / month) of (beer / wine/ liquor) (Circle)
Do you use, or have you used, any recreation drugs? Yes No (List) _____

REVIEW OF SYSTEMS (Explain in the space available any yes answers)

List changes in weight, appetite, and energy level; recent chills, fever, and night sweats _____

HEENT

yes no
 Dry Eyes
 Obstructed Vision
 Glaucoma
 Recent Upper Respiratory Infection
 Sinusitis
yes no
 Hearing Changes
 Vision Changes (Type) _____
 Glasses
 Contacts
 Dental Infection

Cardiorespiratory

yes no
 Chest Pain/Discomfort
 Shortness of Breath
 Heart rhythm problems
yes no
 Chronic Cough
 Palpitations
 Wheezing

Breast

yes no
 Nipple Numbness
 Nipple Inversion
 Breast Pain
 Shoulder Pain
 Rashes Under or Between Breast
 Date/Result of Last Mammogram _____
 Nipple Discharge
yes no
 Breast Lump
 Back Pain
 Neck Pain
 Present Bra Size _____
 Anyone in the family with breast cancer?
Who? _____ Age when diagnosed _____
 Breast fed children? How long? _____

Gastrointestinal

yes no
 Heartburn
 Nausea/Vomiting
 Rectal Bleeding
yes no
 Abdominal Pain
 Diarrhea
 Changes in Bowel Habits

Patient Name _____ Date _____

Genitourinary

yes no

- Painful Urination
- Frequent Urination
- Blood in Urine

yes no

- Herpes
- Syphilis

Obstetrics/Gynecology

yes no

- Menopause
- Menstrual Problems

yes no

- Are you now or is it possible that you are pregnant
- Are you nursing

Birth History

Number of live children _____

Number of pregnancies _____

Number of Abortions: Spontaneous _____ Therapeutic _____

Nervous System

yes no

- Seizures
- Paralysis
- Blackouts

yes no

- Weakness
- Numbness or Tingling. Where? _____

Bleeding/Clotting Tendency (Describe circumstances)

yes no

- Difficulty trying to clot
- Have you required a blood transfusion?
- Acute pain or swelling in a leg

Psychiatric

Who is your psychiatrist? _____ Who is your psychologist? _____

For what condition? _____

yes no

- Have you discussed having surgery with him/her?
- May I discuss your surgery with your psychiatrist/psychologist?
- Does he/she have you on any medications? Which? _____

Family History Is there a family history of any of the following problems?

yes no

- | | |
|---|---|
| <input type="checkbox"/> <input type="checkbox"/> Diabetes Mellitus | <input type="checkbox"/> <input type="checkbox"/> Melanoma |
| <input type="checkbox"/> <input type="checkbox"/> Heart Disease | <input type="checkbox"/> <input type="checkbox"/> Breast Cancer |
| <input type="checkbox"/> <input type="checkbox"/> Lung Disease | <input type="checkbox"/> <input type="checkbox"/> Colon Cancer |
| <input type="checkbox"/> <input type="checkbox"/> Kidney Disease | <input type="checkbox"/> <input type="checkbox"/> Lung Cancer |
| <input type="checkbox"/> <input type="checkbox"/> Bleeding Problems | <input type="checkbox"/> <input type="checkbox"/> Ovarian Cancer |
| <input type="checkbox"/> <input type="checkbox"/> Anesthesia Problems | <input type="checkbox"/> <input type="checkbox"/> Other Cancer: _____ |
| <input type="checkbox"/> <input type="checkbox"/> Stroke | |
| <input type="checkbox"/> <input type="checkbox"/> Other Conditions: (Refer to page 1) | |

Parents:

Mother Alive Deceased Cause of death: _____

Father Alive Deceased Cause of death: _____

All of the foregoing is true to the best of my knowledge

Patient Signature

Date

Physician's Signature

Date